THRUSTING IN & OUT OF HER PUSSY

Various Ways To Switch Penis Angle of Entry, Stroke, Rhythm & Positioning
Hello! Today’s report by me, Vivica Johnson, is going to look at quick ideas you can implement today, this is a quick read if you are short on time. However the legendary encyclopedias I recommend at the end of this report contain numerous sex moves, explained in detail. You’ll find a variety of sex moves including how to get your partner horny, all of the secret erogenous zones, foreplay, positions, aftercare, and more…..What are we waiting for lets jump in right at it
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There is an art to making love, and just like the variety of paint strokes a painter uses to create a beautiful piece of art, a varied stroke technique is needed to truly create a beautiful and satisfying sexual experience when in the bedroom.

Any man can pump like a jack rabbit and achieve his orgasm quickly, but to put the pleasure of your partner first and sincerely savor every moment of being inside of her and connecting on an energy level separates the truly skilled from the animalistic.

Believe it or not there is an art to penetrating your woman and the way you thrust in and out of her pussy. Sure, she may like it hard and fast at some points during sex, but chances are she’s going to enjoy it more if you vary your thrusts a bit.

**Anticipation**

The first thing to understand is that women love the first thrust. Many women will let out a big moan when she feels you enter her fully for the first time. Knowing this you can always tease a bit and build up some anticipation before sliding in fully the first time.
It may involve rubbing your penis head on the inside and out of her pussy lips and rubbing the tip of your penis on her clitoris. Also sliding your penis up and down the outside of her vagina, but not penetrate her. Think of a hotdog sliding in and out of a bun. And you can always just rest the tip of your penis at the opening of her vagina while you kiss, etc. (This will drive her wild.)

**Slow short stroke**
The slow short stroke is one that can provide great stimulation by massaging the very opening of the vagina that contains hundreds of nerve endings. Go in slowly with short strokes and drive her crazy! Your penis head will thank you later. Similar to the slow short stroke just with more speed, this stroke provides a rapid sensation to the opening of the vagina. Use this stroke before fully penetrating.

Shallow thrusting allows you to stimulate the opening of her vagina up to about an inch deep, which for many women is a very sensitive part of the vagina. Also, the opening of her vagina is often the tightest part, so shallow thrusts allow you to concentrate a great deal of stimulation on the head of your penis and just below, which feels awesome.

**Slow long stroke**

The slow long stroke is the one that has the most feeling in it. You get the opportunity to experience every ripple in the vaginal walls and to truly connect with your partner while watching her enjoy you inside of her. Switch to the slow stroke to also reduce an overabundance of sensation that may cause you to ejaculate earlier than you would like.

The deep thrust can be extremely pleasurable for the both of you. There’s nothing quite like the feeling of being fully inside your woman and hearing her moan with pleasure. Deep thrusting can allow you to aim for her G-spot and it can also allow you
to position your pelvic bone on her clitoris or the area around her clitoris allowing her to rub up against you to trigger a clitoral orgasm. One thing to note about deep thrusting is that if your woman’s vagina is particularly shallow or your penis is particularly long, it could be uncomfortable to go too deep too fast, so just keep that in mind.

**Fast Long stroke**

This jack rabbit approach is one that is commonly used by younger men during their eager attempts at busting one, but it’s also a great way to take full control during sex and put your partner into total submission. The fast, deep penetration will drive her wild when switching from the short or long slow stroke.

**Rhythm Stroke**
Based on a rhythm usually deriving from following the rhythm of music playing in the background during sex or from a rhythm created in your mind, the rhythm stroke is one that keeps a woman guessing about how you’re going to make your next move.

Curved Stroke

The curved stroke is one that has an arch to it instead of being a straight in and out motion. When the pelvis is rotated in a curving motion, the penis hits the vaginal walls at different angles that will make her body shake with pleasure!

Like with any sexual techniques, the key is to keep an open line of communication with your partner and try lots of different thrusting styles, and in no time you’ll discover what drives her wild and gives you ultimate pleasure.

Ultimately you’ll want to experiment with both deep and shallow thrusts with varying speeds. Not only will varying your thrusting style give her an incredible experience, but it can also help you last longer during sex. For example, one of the best move is to
give a woman five or so deep thrusts and then, on the sixth one, thrust deep and just leave your penis deep inside of her vagina for about a second or so, and if your woman is doing Kegel exercises, she can squeeze your penis with her vagina at the same time. Believe me this feels amazing and allows you to make sure you don’t overstimulate yourself too quickly.

These legendary encyclopedias BELOW contain numerous techniques for going down, explained in detail. Check them out and you’ll find a variety of sexy topics including how to get her into the right mindset, all of her secret erogenous zones, foreplay, positions, aftercare, and more
Is female sexual arousal different from male sexual arousal? Do these differences matter? Why do women say no to sexual intimacy? What factors increase or decrease female sexual arousal?

In this fun-to-read, empowering book about the many angles of female arousal and pleasure, the author, delves into the secrets of a woman’s anatomy and satisfaction, and offers entertaining, but knowledgeable, answers to questions every man wonders about. This refreshing book explains what to do, where and how to do it.

NB: Some of the techniques within this book are sexually and emotionally powerful. Although these techniques and activities can have dramatically positive effects on the emotional well-being of individuals involved, people in short term relationships should generally apply these techniques with caution.

So few men are skilled at eating pussy, that even just reading a few pages of this book will literally put you in the top 1% of cunnilingus masters. Eating a woman’s pussy is one of the greatest sexual acts you can perform. It is at the same time intimate and incredibly sexual. You are literally making out with her pussy. At the same time that your head is buried between her thighs, you can feel the subtle convulsions of her body, her breath deepen and shorten and you can feel the arching of her back as she actually works with you to heighten her own arousal. If you do it right, the experience is intense, unforgettable and at times – explosive. However, eating a woman’s pussy is not something that they ever taught you in school. It is, although, a skill that every man should have. This teaches you how to do it right. Now let’s gets down to eating pussy and chowing box.
This manual is a plain-and-simple, instructional guide on how to give women orgasms. This Book is something that you can refer to time and time again. The information is intended to help women achieve orgasms and have a more fulfilling sexual relationship. It contains details of female orgasms, along with the overall “system” or “strategy” you’ll employ. Also included are techniques to illustrate what needs to be done, and when.

It can be looked at as the “toolbox” of techniques. You’ll find a variety of different sexual techniques you can use to “plug-and-play” into the overall system of making a woman achieve an orgasm. In this book are the keys needed to open the doors for a woman’s sexual fulfillment ready to be given to as many lovers as those who desire to possess them. OK, enough talk… now open the book and let’s get down to business!

Now my friends what you have before your eyes is a master class in the art of mastering your woman. Unfortunately, many men do not learn the true principles of women sexuality at the outset and so, even with the best of intentions, their form is without substance. That’s a shame, because mastering her is the most effective way to bring a woman to orgasm. It can also be one of the most pleasurable acts—for both of you.

This book will make you be able to convert a woman’s movement and internal force into stimulation and stability. These techniques are helpful for staying on course to her orgasm. This book revolutionizes the way people learn about sex. Millions of men want to be sure that when their partner says, “Yes, I came,” she’s saying it with the flush of a real orgasm on her face, and the weak knees of a woman who’s just experienced something that she’d only suspected could exist.
This program is designed to help men overcome sexual dysfunctions and regain their sexual confidence. It offers strategies and techniques to re-train your mind and body in order to have longer-lasting sex, while increasing your partner’s pleasure.

Everything is explained here in clear, concise and easy-to-understand instructions. The insights, tools and techniques in this program have been rigorously tried, tested and proven effective by thousands of other men who are now enjoying lovemaking that lasts so much longer than before.

This will also give you some instant “firepower” that you can use tonight! Revealed are the tried-and-tested tactics you can use right away to put up a respectable performance in bed, and send her into a sexual frenzy!

For most women, unforgettable sex isn’t only about penetration. There are a variety of activities that just go beyond pleasure vaginal stimulation and fingering (vagina massage).

Great lovers are made, not born! This is a point that I bring up time and time again. So many people expect sex to be effortless, but it rarely works that way in the real world. Just like any other skill, being good in bed takes time, practice, and education.

Now in this educative guide what is your worst case scenario for rubbing pussy for some time? Even with no healing or revelations or orgasms that's bound to be a good time for both of you.

Ready to go beyond just pleasure?
Do you know the right way to place your first lick? The first lick sets the tone for the entire session due to a psychological principle called the “Primacy effect”

So what will you learn in this Book?

— The Cunnilingus Principles for Powerful Orgasms
— Easy Ways to Supercharge Her Orgasms
— Know Exactly How She Wants to Be Licked WITHOUT Asking Her!
— Tongue Tricks to Blow Her Mind
— Most Comfortable Oral Sex Positions for Powerful Orgasms
— Weird Ways to Use Food to Improve Your Oral Sex Skills
— How to Give An Unforgettable First Lick That Makes Her Swoon in Delight

If you are a guy and sexually inexperienced, don’t face your initial sexual encounters with uneasiness. A little bit of knowledge will help these encounters to be even more joyous. This guide spells out the basics, frankly yet tastefully. As well as giving you all you need to know about how to make the encounters memorable, safe, and rewarding, this book provides a modern, 360-degree view tips and techniques in an easy to remember step by step illustrations. There are a few basics you should take into account before stripping your clothes off.
Do you want to learn how to masturbate to a state of blissful pleasure that is far more lasting and intense than anything you have experienced masturbating the ordinary way? This is the only masturbation program that will help you sharpen and polish your sexual skills and stamina. Not only will you become more confident in the bedroom but it will also allow you to give your partner clearer directions on what you need to get truly satisfied.

You can improve your sexual enduring power by practice. This masturbation system can be an important tool in “training” you on how to last longer in bed. You will naturally increase your sexual stamina by learning to increase time before ejaculation in these masturbatory sessions. The more you masturbate, the more control you get over the timing of your ejaculation.

Guys are often guilty of skipping foreplay altogether, instead going straight to sex without warming her up first. With tips and tricks specifically designed to stimulate her sexually. Learn to put a woman in the mood so she can ache to be penetrated. Foreplay is one thing a woman can't get enough of. Women are emotional creatures, and that's why they like, enjoy, and need foreplay. So give her what she wants, and she sure will shock you with how well she responds and actively participate during sex.
Women’s brains need more novelty and more variety in bed than men’s do. Novelty and variety are necessary in order for her to stay sexually invested, aroused and interested in her partner. So, if sex gets boring for her she will have no moral reason to engage in it. In order for you to keep her sexually interested, you have got to understand that her desire stems from novelty, variety, and exploring all the kinky things that interest her… not just the kinky stuff you’re interested in.

Read that again….

Giving can be just as gratifying for someone as receiving is for the other. When you indulge in the fantasies and games outlined here, you’ll not only be giving your sex life the time it deserves, but you’ll be injecting creativity and passion into it as well.

Explore new territories and experiment with pieces, parts, or entire games and fantasies. You also get to bring out your competitive side for good, have some lighthearted fun with her, and also have some really effing great sex at the same time.